

Services and How To Access Them

Oral interpretive services are available at no charge.
Call Customer Services at 1-800-337-8598 for information.

When you call you'll be able to speak to a mental health professional who can help you with your situation. Emergencies will be taken care of immediately.

You'll have a confidential interview at a time convenient for you with a caring, qualified behavioral health professional.

If you need services, you will be linked quickly to the program(s) most appropriate for your situation.

We will work with Medicaid or your insurance company to arrange payment and answer your questions about costs. We will coordinate services with your doctor and insurance company to make sure you get efficient and cost-effective treatment.

Call (800) 337-8598 for Customer Services, 8:00 a.m. to 5:00 p.m., Monday through Friday.

To access Mental Health and Developmental Disabilities services call (231) 922-4850 or (800) 49-ALPHA (1-800-492-5742)

State and Locally Funded

Services (in addition to those listed under Medicaid covered services below)

- Specialized Residential
- Supported Independent Housing
- Community Living Training and Supports
- Enhanced Health Care
- Family Skills Development/Training
- Skill-Building Assistance

Medicaid Covered Mental Health and Developmental Disabilities Services

- Assertive Community Treatment (ACT)
- Assessment
- Behavioral Management Review
- Child, Family, Group & Individual Therapy
- Clubhouse Psychosocial Rehabilitation Programs
- Crisis Intervention Services
- Crisis Residential Services
- Health Services
- Home-Based Services
- Inpatient Psychiatric Hospitalization Services
- Intensive Crisis Stabilization Services
- Intermediate Care Facility for Individuals with Mental Retardation (ICF/MR, under 16 beds)
- Medication Administration & Review
- Nursing Facility Mental Health Monitoring
- Occupational & Physical Therapy
- Outpatient Partial Hospitalization Services
- Personal Care for Persons in Licensed Specialized Residential Settings
- Speech, Hearing & Language Services
- Targeted Case Management
- Transportation
- Treatment Planning/Person Centered Planning
- Covered Specialty Medicaid state plan services required to treat, correct, or ameliorate an illness or condition identified through an EPSDT* screening

Additional Services

- Assistive Technology
- Community Living Supports
- Enhanced Pharmacy
- Environmental Modifications

- Extended Observation Beds (23 hours)
- Family Support & Training
- Housing Assistance
- Peer-Delivered or -Operated Support Services
- Prevention Direct Service Models
- Respite Care Services
- Skill-Building Assistance
- Support and Service Coordination
- Supported/Integrated Employment Services
- Wraparound Services for Children & Adolescents

We also provide certain services for individuals enrolled in the Habilitation/Supports Waiver for persons with developmental disabilities and the Children's Home and Community Based Services Waiver.

Substance Abuse Services

To access Substance Abuse Services call (800) 686-0749

- Outpatient Treatment
- Intensive Outpatient Treatment
- Pharmacological Supports
- Screening, Assessment, Referral and Follow-up

Additional Substance Abuse Services

- Sub Acute Residential Detoxification (excluding room and board)
- Residential Treatment Services (excluding room and board)

* EPSDT = Early and Periodic Screening, Diagnosis & Treatment Program

Who We Serve

Northern Lakes Community Mental Health (CMH) serves people with mental illness, emotional disturbance and developmental disabilities living in these six counties:

- Crawford
- Grand Traverse
- Leelanau
- Missaukee
- Roscommon
- Wexford

Northern Lakes CMH has four offices, located in:

- Cadillac
- Grayling
- Houghton Lake
- Traverse City

Priority is given to individuals with the most severe forms of serious mental illness, serious emotional disturbance, and developmental disability.

Whom To Call

If an individual is at immediate risk of seriously harming themselves or someone else call 911

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For after-hours crisis call
1-800-442-7315 TTY
or (231) 922-4850

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To access Mental Health or
Developmental Disability services call
1-800-49-ALPHA (1-800-492-5742)
or (231) 922-4850

TTY:
(231) 935-3871 or (231) 876-3281

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To access Substance Abuse Services
call 1-800-686-0749



www.northernlakescmh.org

Administrative Office
105 Hall Street, Suite A
Traverse City MI 49684
(231) 922-4850
(231) 935-3871 TTY
(231) 935-3082 FAX

527 Cobbs Street
Cadillac MI 49601
(231) 775-3463
(231) 876-3281 TTY
(231) 775-1692 FAX

2715 Townline Road
Houghton Lake MI 48629
(989) 366-8550
(231) 876-3281 TTY
(989) 366-9420 FAX

204 Meadows Drive
Grayling MI 49738
(989) 348-8522
(231) 876-3281 TTY
(989) 348-6434 FAX

Mental Health, Developmental Disabilities & Substance Abuse Services



Navigating Your Future

**(800) 49-ALPHA
(1-800-492-5742)**

or (231) 922-4850

Northern Lakes CMH receives its principal funding from the Michigan Department of Community Health (MDCH)

This information was reviewed by consumers.

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