



LIVING WELL
for Northern Lakes CMH
consumers

Wexford
Civic Arena
1320 N Mitchell St
Cadillac, Michigan

Tuesday, Oct. 14, 2008
10:00 AM – 3:00 PM
Sign-In starts 9:30 AM

REGISTRATION FORM

Northern Lakes Community Mental Health proudly presents
Larry Fricks and Ike Powell from Georgia as featured speakers in
The Living Well Conference, talking about Peer-Led Self-Help Management.
There will be updates on anti-stigma and recovery activities and what the
next year will bring, celebrations of consumer accomplishments,
displays of photobiographies, the Recovery Band from Detroit, group activities,
a continental breakfast and luncheon, and many opportunities to socialize.

The charge for the event is . . . **FREE!**
Come and join us for a day of information and fun!

**Registration Forms must be dropped off or mailed to your
CMH contact person by Friday, October 3 at 5:00 PM.**
Register early to reserve your spot.

NLCMH Cadillac Office
527 Cobbs Street
Cadillac MI 49601
Val 231-876-3309

NLCMH Grayling Office
204 Meadows Dr
Grayling MI 49738
Val 231-876-3309

NLCMH Houghton Lake
2715 Townline Rd
Houghton Lake MI 48629
Val 231-876-3309
Mary Beth 989-366-2950

NLCMH Traverse City
105 Hall St
Traverse City MI 49684
Cindy 231-935-3099
Barb Quinn 231-935-3575

Registration Forms may also be faxed to 231-935-3082.

Please return this portion

PLEASE PRINT

YOUR NAME: _____

PHONE NUMBER: _____

- I would like my lunch vegetarian.
- I need a helper for my meals.
- I need special accommodations and they are: _____
- I need help with transportation.

